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2017 Frontier Days  
**Stampede**  
Arlington Heights, IL

**Sunday, July 2, 2017**

Start Time: 7:30 a.m.

**10K Run**

**5K Run**

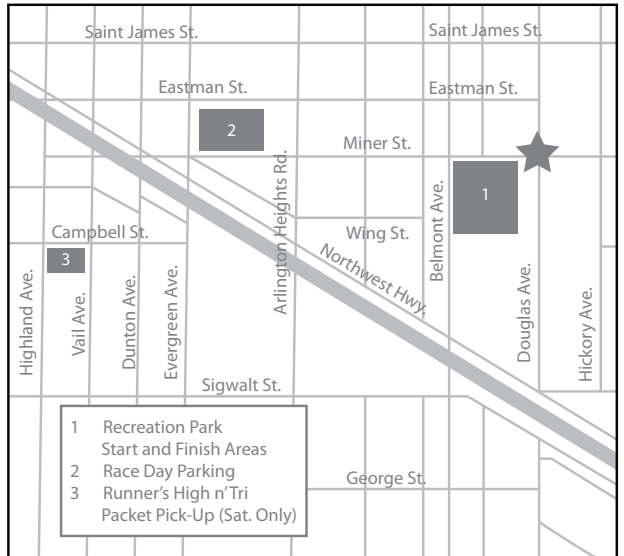
**5K Walk**

**Kids 1/4 Mile Dash**



Want to volunteer? Contact  
**www.frontierdays.org**

**How to get to the race and packet pick-up**



**Frontier Days Stampede**  
Sunday, July 2, 2017

**Schedule of events**

- 6:15 a.m. Race Day Registration
- 7:15 a.m. Race Day Registration Ends
- 7:30 a.m. 5K & 10K Run Start
- 7:35 a.m. 5K Walk Start
- 9:00 a.m. Kids 1/4 Mile Dash

**Start and Finish**

Recreation Park  
500 E. Miner Street | Arlington Heights, IL

**Packet Pick-Up**

Runner's High 'n Tri  
121 W. Campbell Street | Arlington Heights, IL

**ONE DAY ONLY!** Race packets may be picked up on Saturday, July 1 at Runner's High 'n Tri. or on race day from 6:15 - 7:15 a.m. at Recreation Park.

*The Frontier Days Stampede has a no refund policy. Transfer/exchange of registrations and bib numbers is prohibited.*

FRONTIER DAYS, INC.  
P.O. Box 177  
Arlington Heights, IL 60006-0177

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## Course

The Stampede (5K and 10K) is a USATF certified race. Strollers, baby joggers, etc., are permitted for the 5K Walk only. Aid stations with water and Gatorade will be provided along the course routes, as well as the start and finish.

## Timing (BibTag) Guidelines

Runners will a race/bib number with a disposable BibTag timing device adhered to the back. To ensure your results are accurate, please follow the guidelines listed below.

- Your race/bib number must be worn on the front of your torso and be visible at all times.
- Pin all four corners of your race/bib number to your outermost layer of clothing.
- Do not cover or remove the BibTag timing device from the back of your bib.

## Race Results

Results will be available near the finish line and posted race day at [frontierdays.org/stampede](http://frontierdays.org/stampede).

## Awards

The top overall male and female finishers in the 5K and 10K races will receive an award and a \$50 gift certificate to Runner's High 'n Tri. Awards will also be given to the top three male and female finishers in each age group.

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*Questions? Visit [frontierdays.org/stampede](http://frontierdays.org/stampede) or email [stampede@frontierdays.org](mailto:stampede@frontierdays.org).*

# Frontier Days Stampede Official Entry Form

Register online: [itsmyrace.com/frontierdaysstampede](http://itsmyrace.com/frontierdaysstampede)

Visit [frontierdays.org/stampede](http://frontierdays.org/stampede) for more information.

Register for the 2017 Frontier Days Stampede online at [itsmyrace.com/frontierdaysstampede](http://itsmyrace.com/frontierdaysstampede) or be completing the form below. Paper entry forms should be mailed to Frontier Days Stampede Run P.O. Box 177, Arlington Heights, IL 60006-0177. Enclose a check or money order made out to FRONTIER DAYS, INC with your completed application.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
ne Num

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Sex: \_\_\_\_\_

### Event

- 10K Run
- 5K Run
- 5K Walk
- 1/4 Mile Kids Dash

### Entry Fee

\$30	\$35
\$30	\$35
\$25	\$30
\$10	\$15

Post marked before 6/23      Post marked after 6/23

### T-Shirt Size?

- Adult Men's
- Small
  - Medium
  - Large
  - X-Large
  - XX-Large

- Adult Women's
- Small
  - Medium
  - Large
  - X-Large



### Youth (100% Cotton)

- Small 6/8
- Medium 10/12
- Large 14/16

### Waiver and Release

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child(ren)/ward and/or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my child(ren)/ward may be entitled to (or accrue to me or my child(ren)/ward) as a result of participating in these programs/ activities.

I do hereby fully release and forever discharge Frontier Days, Inc. from any claims, for injuries, damages or loss that my minor child(ren)/ward or I may have or which may accrue to me or my minor child(ren)/ward and arising out of, connected with, or in any way associated with these programs/activities. Further, I hereby grant full permission to any and all of the foregoing to use any photograph, motion pictures, recordings or any other record of the event for any legitimate purpose, including commercial advertising without monetary payment to me or my child(ren)/ward.

I understand that headphones, roller blades, bikes, dogs & cats are not allowed on the racecourse and I will abide by this guideline. Strollers, baby joggers, etc., will be allowed for the 5K Walk ONLY.

For further information, call the race director at 773.617.0284.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_  
(participants under 18 years of age)



RACE NUMBER

OFFICIAL USE ONLY